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The Karnataka Allied Health Professionals Association (KAHPA) held AHSCON-2025, a national conference on the 17th & 18th of January 2025. The conference was held at S-Vyasa University, in association with IBiom, Indian Didactics Association and ACBM at Bengaluru. It was a perfect blend of learning, exploration and innovation. The students of M.Sc & M.Phil Clinical Psychology were given the opportunity to attend the conference. The speakers of the day were, Dr. Anitha Bharathan who spoke on Crisis Intervention and Suicide Prevention, Dr. Arohi Vardhan spoke on Child and Adolescent Mental Health, Dr. Rayani Dessa who addressed Trauma Informed Care and Psychological First Aid and Ms. Neha Parashar spoke on Role of Clinical Psychologist in Chronic Illness Management. The students gained immense knowledge about the opportunities after the completion of the workshop. The students were also able to speak to various resource persons and gained insight into the various topics and have a better understanding of the role of Clinical Psychologist. In addition, Rajeshwari N, Sudhanva K and Varsha J, students of M.Sc Clinical Psychology, submitted a paper for oral presentation titled "A study on Smartphone Addiction and Self-Efficacy in Computer Engineering, Physiotherapy and Psychology students" and received a participation certificate for the same.

**Successful people are not gifted; they just work hard,
then succeed on purpose**



On 20th January 2025, the students, faculty, teaching, and non-teaching staff of Department of Clinical Psychology gathered to celebrate the promotion of our Head of the Department from Associate Professor to Professor, Dr. Pushpalatha G. The event included a cake-cutting ceremony, followed by an inspiring speech from Dr. Pushpalatha, where she emphasized the importance of striving for one's goals and achieving success. The celebration ended on a cheerful note, with everyone congratulating Dr. Pushpalatha and wishing her continued success.



On January 11th 2025, students of MSc and M.Phil Clinical Psychology along with M.Sc Psychology students, DNB student and staff nurse from Manasa Nursing Home, conducted a physical and mental health camp in Government Primary School, Konagavalli, a village adopted by Manasa Trust in partnership with Subbiah Hospital.

The initiative aimed to provide villagers with free health checkups and raise awareness about mental health issues. The event saw active participation from the community, emphasizing the importance of accessible healthcare and mental wellness in rural areas. This collaboration highlights the commitment to enhancing healthcare services and mental health support in underserved regions.



A fresh beginning for new horizon



The 1st M.Sc. Clinical Psychology Freshers' Day was held on January 15 at the Bahumukhi Auditorium. The event began with an invocation song by M.Sc CP Student. On this occasion Inauguratory speech was delivered by Dr. Rajani Pai, Director, Manasa trust. Dignitaries Prof. Ramchandra Baliga, Administrator, Dr. Pushpalatha G , Principal KAPMIAHS, Sister Marie Evelyn, PG Cordinator , KAPMIAHS and Dr.Archana Bhat K, HOD Psychology, KAPMC, who shared valuable insights. . The freshers day proceeded with seniors engaging the freshers in fun activities, followed by skits and dance performances. In this marvelous occasion, freshers were given an amazing stage to explore and showcase their luminous talents. It was a memorable day that fostered connections and created lasting memories.

WELCOME FRESHERS!!!



The Fresher's Day Celebration for the MPhil Clinical Psychology 2024-26 batch was held with great enthusiasm at Manasa Group of Institutions. The event aimed to welcome the new batch of students, mark the beginning of their academic journey, and introduce them to the institution's vision, faculty, and leadership. The event was graced by the presence of several distinguished dignitaries. Dr. Rajani A Pai, Director of Manasa Trust, Prof. Ramchandra Balliga, Administrator of Manasa Group of Institutions, and Dr. Pushpalatha G, Head of the Department of Clinical Psychology and Principal of KAPMIAHS, was acknowledged for her mentorship and continuous support toward students, ensuring their academic and personal development. The Fresher's Day Celebration successfully fostered a sense of belonging among the new students, creating an atmosphere of warmth, motivation, and enthusiasm. The event reflected the institution's dedication to academic excellence, mentorship, and holistic development.

BRIDGING GAPS: RAISING AWARENESS ON LEARNING DISABILITIES

On 20th January, a lecture session on "Learning Disability" was conducted by Rajeshwari N, MSc 2nd year and Ms. Drishya. M, MPhil 2nd year trainee at Kshetra Sampanmulla Kendra, Sagara. In this insightful session, High School teachers of various regional schools were present.



The session educated and raised awareness about learning disability among high school teachers which helped to provide insights into identification, assessment, and support strategies for students with learning disabilities. The session turned out into group discussions, case studies, and Q and A sessions. In the end positive participant feedback on the session's informative and interactive nature was provided.

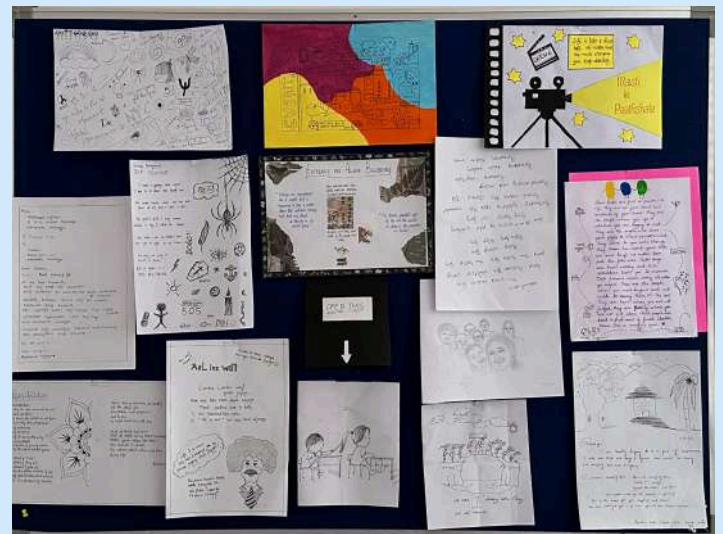
"Educator's Guide to Understanding and Managing Learning Disabilities"



On 29th January 2025, Manaspoorti Learning Centre, Manasa Trust, Shivamogga in collaboration with Ishanya Foundation, Bangalore conducted a one day workshop on Intellectual and Developmental stages of disability for the Head Master's of Government Highschool in Shikaripura taluk, Shivamogga District. The session began with the inauguration program by the management team, then Mrs. Laxmi Prasad, member of Ishanya Foundation, introduced the concept learning disabilities and gave an in depth understanding of it, and Mrs. Ranganayaki R Co-ordinator Manaspoorthi, conducted a brief session on Learning disability card and Intellectual disability card, followed by a detailed session on Behavioral Problems in Children conducted by Shrinidhi Mannur and Ananya S, 2nd year MSc Clinical Psychology students of KAPMIAHS. The insights and experience gained in this interactive session will be instrumental in refining future discussion and training programs.



MONTHLY RECAP



NEW YEAR, NEW LEARNING

2nd year MSc CP

"Artistry Unveiled: Freshers' Contributions to Our Creative Canvas"